

BESPOKE

SKIN HEALTH

Pre needling preparation

1. Accutane or any other photosensitizing medication should be discontinued or have stopped at 6 months prior to receiving treatment and should not be used during a course of treatments.
2. None of the areas to be treated for needling should receive any type of chemical peel for at least 2 weeks prior and after needling treatment.
3. Stop using Retinol based products not to be used for 1 week prior to treatment.
4. Sun exposure/sunbed usage and self tanning products must all be avoided for a minimum of 48 hours before and after the treatment, even up to a week depending on how skin reacts after treatment. This is because the exposure of sun, artificial tanning booths or tanning products can result in hyperpigmentation or hypopigmentation.
5. Microneedling will not be performed on sunburnt skin.
6. Waxing/chemical depilatories must be avoided 2 weeks prior and after due to skin irritation.
7. During the course of treatments you need to ensure you notify me of any changes to your medical history, health status or personal activities that may be relevant to your treatment.